

DIVERSE DIETS SEMINAR

Struggling to find food that you can eat in Japan?

Overwhelmed when buying groceries?

This seminar aims to raise awareness about the need for diverse food options and to provide tips that you can use when cooking - please join us!



Date: 14 November 2024 (Thurs)

Time: 16:00-18:00

Venue: University Hall 1F (Enkei)

Language: English

Guest Speaker: Miwako Kishi

The founder of Miwa's Cooking Class will introduce common dietary restrictions, and share recipes for using ingredients found at Japanese supermarkets.



Scan to register!



<https://forms.gle/72mVZD1CFR68G3Lu6>

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